

The Kinesthetic Learner

The Action Student

Learning is Enhanced by

- 1. doing, hands-on approach (manipulation, objects, live events)**
- 2. physical involvement in learning**
- 3. field trips to gain knowledge**
- 4. small group discussion (2-3 in a group)**

Studying and/or Reading Characteristics

- 1. reads primarily for meaning and function, rather than for pleasure or entertainment**
- 2. reads "how-to" books, such as carpentry or crafts**
- 3. reads action-oriented books and plays**
- 4. reads books, plays, articles that are brief**
- 5. studies for short periods interspersed with moving around**
- 6. lies on bed or floor to study**

School Challenges

- 1. reading and/or interpreting nonverbal communication**
- 2. having good interpersonal skills**
- 3. having legible cursive handwriting; better with printing or keyboard**
- 4. sitting still; tend to fidget and need to move**
- 5. listening to lectures that are not short**
- 6. spelling**
- 7. communicating without getting physically close to another person**
- 8. recalling what was seen or heard; better at recalling what was done**
- 9. expressing emotions without physical movement and gestures**
- 10. sticking with one activity for a long period of time**