

# GULF SHORE NEWSLETTER

## ISSUE #2

October

### **Parent Teacher Interviews:**

Our first set of interviews will be held on Thursday, October 27<sup>th</sup> from 6:00 - 8:00 p.m. and Friday, October 28<sup>th</sup> from 8:45 a.m. - 3:00 p.m. An information sheet will be sent home with students within the next couple of weeks.

### **Walk to School:**

Our first "Walk to School Day" will be Wednesday, October 19<sup>th</sup>. Buses will drop students off at the bottom of Hilltop Avenue and they will walk to the school along with the teachers. Parents are always welcome to join us for the walk.

### **No Classes For Students:**

Monday, October 10<sup>th</sup> is Thanksgiving Day

Thursday and Friday, October 20<sup>th</sup> and 21<sup>st</sup>, there is no school for students. Teachers across the Island will be attending Professional Development Sessions.

Friday, October 28<sup>th</sup> - Parent Teacher Interviews, no school for students

### **Book Fair:**

Come and visit our Book Fair during Parent/Teacher Interviews on Thursday evening and all day on Friday. Books make great gifts.

### **Lunch:**

Due to a price increase from Farmers Dairy, the cost for milk has changed: white is now \$0 .50 and chocolate will be \$0 .70. The regular schedule for lunch/milk tokens sales will continue on Tuesday at 8:30 a.m. Lunch orders will be taken on Tuesdays. Pizza will be delivered on Fridays. Sub order forms go out on Tuesday and are to be returned on Wednesday and subs will be delivered the following Tuesday.

### **Ford Drive One 4UR School:**

Are you looking for an opportunity to support your child's school? On October 26<sup>th</sup> between 10:00 a.m. and 7:00 p.m. we are asking you to come to Gulf Shore to test drive a Ford vehicle. For each test drive, Ford Canada will donate \$20.00 to our school. Please sign up for your test drive on our school website: [www.edu.pe.ca/gulfshore](http://www.edu.pe.ca/gulfshore). We need 300 test drives to reach our goal so PLEASE spread the word. Limit one driver per household.

Also, we are looking for volunteers to ensure that this event runs smoothly. If you are able to volunteer on that day please email [mjlavoie@edu.pe.ca](mailto:mjlavoie@edu.pe.ca). Your help would be greatly appreciated

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### **Home and School**

Hi! And thank you to everyone who attended our first meeting for the 2011-2012 school year.

Highlights from our September 21<sup>st</sup> meeting are:

*Norcard Fundraiser* will be sent home with students on Thursday, October 6<sup>th</sup> and will run until Wednesday, October 24<sup>th</sup>. This is the only fund raiser that actually supports our Home and School Association – Please Support.

*Terry Fox BBQ* – Please remember to thank Paul Gallant, manager of North Rustico Co-op for donating 5 dozen hotdogs and 250 juice boxes for the barbecue.

*Tokens* – Ellen Veitch has volunteered to assist Kim Gallant with the selling of tokens on Tuesday mornings at 8:30 - 10:30 a.m.

### **Student Nurse:**

Sarah MacFadyen, a fourth year student nurse from UPEI, will be at Gulf Shore School Monday, Tuesday, and Wednesday every week until November 30<sup>th</sup>, 2011. Her role this fall will be to help promote health within the school. If you have any questions or concerns, please contact her at the school.

### **Volunteers Needed:**

Many events at our school run with the amazing help of a small group of volunteers. This group seems to be getting smaller each year. We would like to create a list of parents that are willing to volunteer for functions such as: head checks, event organization, BBQs, etc. Even if you are able to help out for one small event this year it would be really appreciated. If you are interested in having your name on this list please email: [mjlavoie@edu.pe.ca](mailto:mjlavoie@edu.pe.ca).

### **St. Ann's Haunted Woods**

Band Fundraiser - Come on in if you dare!! ... And rattle around your bones!!!

This is the final year of the St. Ann's Haunted Woods. For the past six years, the Gulf Shore School Band and Grade 9 classes have been rustling the leaves and haunting the woods this time of year. As the finale, they seem especially restless and feisty. Come support this final haunting fundraiser hosted at 3734, St. Ann's, Rte. 224 Hunter River on October 28<sup>th</sup>, with a rain date of October 29<sup>th</sup>. The faint of heart should arrive between 6:00 - 7:00 p.m.; the real feasting is between 7:00 - 9:00 p.m. Come support this spooktacular fundraiser. Cookies and hot chocolate will be for sale to warm up with by the fire. The haunting awaits you!

### **Healthy Eating Tips From PEI Healthy Eating Alliance:**

PEI has an abundance of fresh produce and seafood produced right here on our Island! Here is a guide to show you what's in season. Some local produce, meat, poultry, eggs, fish and shellfish may be found year-round on PEI.

October: Vegetables: Brussel sprouts, carrots, cauliflower, broccoli, parsnips, potatoes, and turnip.

Berries and Fruits: Apples, cranberries, grapes and pears.

Fish: Cod, herring and tuna.

Shellfish: Softshell clams and lobster.

### **Literacy Bits for Parents: : Reading Poetry**

The repeated readings of familiar poems add greatly to a beginning readers understanding of how our English language works. Children love the rhyme and brevity of the stories in poetry.

Ask your child's teacher or the librarian for the names of popular poem collections.

Invest in one or more well written poetry books available for children.

Bring the poetry book off the shelf often. The more familiar the poem is to your child, the more he or she will enjoy it.

Enjoy the humor in children's poetry.

Read poetry with expression to demonstrate the flow and rhythm of our language.

Take advantage of the rhyming words of poetry to help develop an awareness of similar sounds in words.

### **Check our website for our Community News:**

## COMMUNITY NEWS

### **Babysitter Course**

Island First Aid Services will be offering the “What Every Babysitter Should Know” course on November 5<sup>th</sup> from 9 - 3:30 at our Stratford location, 13 Glen Stewart Drive. This course is designed for boys and girls ages 11-15, cost is \$36.75/person. To register, please call 367-3555 or visit our website at [www.islandfirstaid.ca](http://www.islandfirstaid.ca). If you are interested in a course outside of Stratford, please do not hesitate to contact us.

### **Scouting:**

Come join Scouting for fun and safe activities for the following age groups: Beavers 5-7 years, Cubs 8-10 years, Scouts 11-14 years, and Ventures 14-17 years. Registration will be held at various locations throughout P.E.I. Also if you would like to get involved as a helper or leader and be involved with the youth of our community or if you would like to inquire about starting a group in your area please call our Scouting office at 902-566-9152 or toll free 1-888-726-8876

### **Girl Guides:**

Cornwall Sparks, Brownies and Guides are looking for new adult members. Call 894-4936 .

### **Synchronized Swimming:**

The Charlottetown Naiads Synchronized Swimming club is holding registration for the recreational program at CARI Aquatics Centre on Tuesday, Sept.20 5-6pm, and Saturday, Sept.24 9-10 in the lobby. For more info please email - [peisynchro@live.ca](mailto:peisynchro@live.ca) or call Kim Hennessey at 892-2720.

### **Canadian Red Cross:**

Do you want to be part of an international organization that will help you to make a meaningful and rewarding difference within your community? The Canadian Red Cross office in Charlottetown is now recruiting volunteers for their various programs: Service Center, HELP, Disaster Management. For more information please contact the Red Cross Office at 628-6262.

### **Can Skate:**

Can Skate will begin on October 15<sup>th</sup> for more information please call Lori Toombs at 963-2428.

### **Rustico Ringette:**

Rustico Ringette is still accepting registrations for their U9 team for the 2011-2012 season! Come check out our demonstration to learn more about this awesome sport! Saturday October 15<sup>th</sup>, 12:10-1:10p.m. at North Star Arena. For more info about registration or the demo, contact Heather at [heathercoles@hotmail.com](mailto:heathercoles@hotmail.com) or 569-3885.

### **Flu Clinics:**

Flu clinics are being held in your area - Fee \$7.00 per person, first come, first serve, no appointments needed.

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| Tuesday, Oct 18  | 8:30am - 7:30 pm.  | Central Queens Health Center |
| Friday, Oct 21   | 8:30 am - 7:30 pm  | Gulf Shore Health Centre     |
| Tuesday, Oct 25  | 8:30 am - 7:30 pm  | Central Queens Health Centre |
| Friday, Oct 28   | 8:30 am - 7:30 pm  | Gulf Shore Health Center     |
| Tuesday, Nov. 29 | 12:00 pm - 7:30 pm | Central Queens Health Center |