

SHERWOOD NEWS

Sherwood Elementary School

64 Maple Avenue Charlottetown, PE C1A 6E7

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Principal: Jean Boudreau

Vice Principal: Francyne Doiron

October 17, 2018, Day 4

DATES TO REMEMBER

October 19th – Provincial PD Day – no classes
October 29th – Food Orders/Payments due by 9 am
October 30th – HPV Vaccine – Grade 6
October 31st - Spooktacular
November 5th – School Photo Re-take Day
November 7th – Remembrance Day Assembly 10:15 am
Nov 8th & 9th - PEITF Convention – (no classes)
November 12th – Statutory Holiday in lieu of Remembrance Day

BREAKFAST PROGRAM

The Breakfast Program will run Monday through Friday from 8:05 a.m. until 8:40 a.m. Students will be served toast, milk or juice, and fruit. All students are welcome. If you can spare even an hour a week and would like to volunteer please contact Jesse Foster at 902-368-6780.

FOOD SERVICES

We offer food services Tuesday to Friday and milk/choc milk and juice Monday to Friday. The orders will be processed every two weeks on a regular basis. If the regular order day falls on a holiday, the orders will be placed for 3 weeks to avoid Tuesday orders. Our volunteers are not available on Tuesdays. **Online ordering for October 29th – November 16th is available online.**

All payments and orders must be received by 9 am on order day. We encourage parents to pay by paypal. This saves sending money to school with your child and makes it much quicker for the order to be processed by the volunteers. If you need to send a cheque, please make cheques out to Sherwood School and send it in a baggie with your child's name, parent name and homeroom. If the payment is not received on time, your child's order will not be processed.

MENU OPTIONS

Mondays: no food services
Tuesdays: Quiznos (\$3.75)
Wednesdays: Kurley's (chicken strips) (\$3.75)
Thursdays: Borrowed Kitchen (Grilled Cheese Sandwich with veggie or fruit and cookie) (\$3.75) or *Soft Taco Wrap Combo* – whole wheat wrap with local lean ground beef in a homemade taco seasoning, cheddar cheese and served with fresh fruit or veggie (depending on availability) and a homemade cookie.
Fridays: Domino's Pizza (cheese pizza and pepperoni pizza the last Friday of the month) (\$2.25) Ice Cream (\$1.25) – last Friday of month and yogurt tube first 3 Fridays of the month (\$0.75)

SCHOOL FUNDRAISING CAMPAIGN

Thank you to all who supported our recent fundraising campaign. It was a huge success.

SHERWOOD FOOD DRIVE

A huge thank you goes out to all Sherwood families and the Sherwood community for the tremendous response to our food drive. We are thrilled to say that we collected over 2300 lbs of food which was presented to the Food Bank at our assembly Oct 4th. Well done everyone!

GREENING AND GROUNDS

Along with all the food donations brought in at the annual Thanksgiving Food Drive Assembly, Sherwood students donated vegetables either grown in our school gardens (tomatoes, squash, carrots) or "adopted" out and grown at home (squash). Check out the picture on our blog! <https://www.weebly.com/weebly/main.php#>

ANNUAL FALL CLEAN-UP

This event takes place Friday, Oct. 26th 3 – 5 pm. Please join us for a half hour or an hour – whatever time you can spare – as we do some raking, trimming and final weeding in the garden and flower beds. Many hands make light work! Flyers will go home this coming Monday and should be returned by Thursday to your child's teacher. Knowing our numbers will allow us to better plan for our gardening and refreshment needs. Hope to see you and your child there!

PHYSICAL EDUCATION NEWS

The following students will be representing Sherwood Elementary at the Cross Country Provincials on Saturday, October 20th at Mill River Resort. Pre-Novice Girls 16th place – Sophia Chandler Pre-Novice Boys 16th place – Liam Moore Novice Boys 19th place – Andrew MacDonald Also the Pre-Novice Boys placed 5th overall so Sherwood will send a team of the following runners: Kaden Spencer, Wil Stavert, Nate MacLean, Caleb Power, Lucas Baglole and Cody Chaisson. Congratulations to all the students for their hard work this fall!

1st Down Program is a NON contact introduction of football skills – Ages – 5- 9 for boys and girls. Kids will learn to throw, catch, kick a football, as well as learn how to play some flag football. 1 hr session for 4 weeks on Monday and Wednesday at Sherwood School from 2:45 – 3:45 pm To register the cost is \$50 and you can either email gfflood@sportpei.pe.ca or call 368-4262. The first 15 students to register will be entered.

LIBRARY NEWS

October 22 – 26th is School Library Week in PEI. This is a week dedicated to celebrating reading and library in our schools. Friday, October 26th will be character day where students can dress up as a favorite character from a book (just like Hallowe'en, no masks please)

STUDENT SNACKS

Please remember to send a snack with your children for morning snack break. All snacks must be peanut and nut free.

SCHOOL RE-TAKE PICTURES

Reminder our school pictures re-take day will be November 5th.

SCENT FREE SCHOOL

Please note that Sherwood School has a fragrance/scent free rule that is in compliance with the Public Schools Branch.

PEANUT/NUT RESTRICTED

SCHOOL

Sherwood School is a peanut/nut restricted school. We have a number of students who have a life threatening food allergy (anaphylaxis) to peanuts/nuts. Our school strives to keep these students safe in the school environment. It is necessary to check all ingredient labels to see if the products contain peanuts/nuts. Please do not send these products to school or on field trips at any time. Also we do not allow WOW butter in the school so please do not send this with your child. We appreciate the home and school working together to provide a safe place for all our students. Thank you for your cooperation.

Eye See ... Eye Learn Program

To ensure children get the best possible start to their education, the **Eye See ... Eye Learn™** program provides one free eye exam and, if required, one free pair of glasses during their kindergarten year.

*Please note:
The PEI
Association of
Optometrists
and eyewear
sponsors,
VisionTech Labs
PEI and Viva
Canada have
partnered with
Health PEI to
offer this eye
health and
vision awareness program for kindergarten children.*



Why is it important for my child to have an eye exam?

When children start school, 80 per cent of their classroom learning is through vision. Regular eye exams give them the start they need to reach their learning potential. Eye exams can identify health problems and conditions such as a turned or lazy eye. These conditions may be successfully treated if they are identified early in a child's life. It is

recommended that infants should have their first eye exam at **six months of age**.

How do I register my child for an eye exam?

1. Book an appointment with an [optometrist](#) for your kindergarten child.
2. Bring your child's PEI Health Card and private insurance information with you to the appointment.
3. If your optometrist is unable to bill your insurance provider directly, you will have to pay up front and be reimbursed. Submit your claim to your insurance provider, then [complete and submit an application for co-pay reimbursement](#) [PDF | 70 KB] to Health PEI for the remaining amount.

If you don't have insurance, [complete and sign a Declaration form](#) [PDF | 70 KB]. Your optometrist will not ask you to pay for the exam and glasses, if required, as they are covered by Health PEI and the PEI Association of Optometrists

HOME AND SCHOOL

Sherwood Home & School is off to a wonderful start. We have made some wonderful donations to the students and the school this year already. We have donated 10 guitars to the Guitar Program. We donated \$100 to each of the 31 classrooms for supplies and we have also purchased an updated version of The Social & Emotional Program that is used throughout the grade levels.

We are excited to announce our upcoming Guest Speaker Session with Travis Saunders on Wed., November 7th at 7 pm. Travis Saunders is an Assistant Professor in the Department of Applied Human Sciences at UPEI. His research focuses on the relationship between sedentary behavior and health in both children and adults. This talk will review the latest evidence on sedentary behavior and kids' health, and discuss ways to limit kids' sedentary time to promote healthy development. We are also offering babysitting for children from Grade K and up. We look forward to seeing you all there. Please find us and like us on facebook at Sherwood Home & School.