

**SPRING PARK HOME & SCHOOL ASSOCIATION
2011-2012 FOOD PROGRAM**

Spring Park Home & School is pleased to offer a variety of healthy food selections for the 2011-2012 school year. All menu items adhere to the province's Healthy Eating Alliance guidelines (please consult the school's website for more information on the Healthy Eating Alliance program). **The food program will begin on Monday, September 12, 2011.** All orders must be placed with the student's homeroom teacher before 9:00 am Monday mornings. Teachers will be sending food order forms home with students (including Subway order forms). Order forms are also available online at www.edu.pe.ca/springpark. Please note: Six week's worth of order forms are printed on each sheet but only one is needed per week. Trim and cut one order form and submit with payment.

Cheques payable to Spring Park Home & School Association.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN WRAP w/ chopped romaine lettuce, cheddar and ranch dressing	HEALTHY BAKED LOW FAT CHICKEN STRIPS & CRACKERS (Ketchup included)	SUBWAY SUB MADE TO ORDER	DELICIOUS SPAGHETTI & MEATBALLS	DOMINOS CHEESE PIZZA ICE CREAM (Birchwood Only)
WHITE MILK	WHITE MILK	WHITE MILK	WHITE MILK	WHITE MILK
CHOCOLATE MILK	CHOCOLATE MILK	CHOCOLATE MILK	CHOCOLATE MILK	CHOCOLATE MILK
100% JUICE	100% JUICE	100% JUICE	100% JUICE	100% JUICE

PRICE LIST:

Monday	Chicken wrap	\$2.75
Tuesday	2 Large Chicken Strips & crackers	\$2.75
Wednesday	Subway Sub	\$3.50
Thursday	Home-made Spaghetti & Meatballs	\$3.50
Friday	Dominos Cheese Pizza	\$2.25/slice
White Milk		\$0.50
Chocolate Milk		\$0.75
100% Juice		\$0.40
Ice Cream (proceeds to the Spring Park Chess Club)		\$1.25