

Stonepark Intermediate School

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-Kudos To You:

- A big thank you goes out to one of our staff members, Susan Westphal. This past summer she was married in Ontario, and in lieu of wedding gifts, Ms. Westphal asked guests to make a donation to our local chapter of Farmers Helping Farmers. Because of this, our group received in excess of \$2,000 to go towards supporting our twinned school in Africa, Ithangi Primary. What a wonderful display of citizenship, empathy and kindness by Ms. Westphal. Our FHF Group thanks you for your generosity.

- A big thank you to all that participated in the annual Pep Rally / Terry Fox Run and Walk. It was wonderful seeing the whole school participate in a show of support for our student-athletes and to a truly remarkable Canadian. We are pleased to announce that in excess of \$600 was raised during this event as well.

- Just a note to let everyone know that Sydney Breneol, one of our former students who was stricken with a rare form of cancer last year, is doing great and that on her last check up in Halifax she was cancer free. The Doctor's are estactic and so pleased to see this remarkable recovery. Sydney 's family would like to thank everyone again for their generosity in the family's time of need. It certainly made a difference.

- A big thank you to our Custodial Staff for having the school so clean at the start of the year. We endured some major construction over the course of the summer, which put pressures on the group to finish the tasks at hand but our team pulled together to ensure that the building looked great for opening day.

If students, parents, or staff have any good news stories that they feel are worth sharing, please pass them along.

PEI Potato Industry Kids Spud Run -

The Kids Spud Run is a **FREE** fun event for kids taking place as part of Marathon Weekend at the CDPEC Race Track on Saturday October 16th from 11:00am – 12:00pm. The event is open to all kids up to 14 years old.

The first 400 kids registered will receive a **free t-shirt**. Registration will be held at the

Red Shores Race Track On Saturday October 16th from 10:00-10:45am. At 10:45 there will be a fun warm up session and the Kids Spud Run will begin at 11am.

Kids N' Drugs - Kids N' Drugs is a prevention program for parents of youth who have not yet used alcohol or drugs. It provides education for parents to improve communication with their child about alcohol and other drugs; risk factors and protective factors, and ways to encourage alternatives to substance use. Interested parents should contact Candice MacKenzie at the school to sign up for the program. It will be offered 4 consecutive Tuesday evenings, beginning October 19, and will be facilitated by Jennifer Cairns-Burke, Prevention Coordinator, Youth Addiction Services and Alana Leard, Outreach Worker, AIDS PEI.

Positive Parenting from Two Homes -

This cost-free program is presented in two, three hour sessions one week apart. Trained facilitators will give information, present videos, facilitate discussion and answer questions. You will learn to understand your feelings, your children's needs, and develop a business like relationship with the other parent. You will not be asked to talk about your individual situation because the program is intended to provide general information. Facilitators will be available during the break and at the end of the sessions for individual consultations. Your co-parent will attend a separate session. To register for this program, please call 368-4333 and leave your name and telephone number. Parents living outside the Charlottetown area call toll-free 1-877-203-8828. The Parent Education Program Coordinator will return your call and complete the registration. Programs are offered in Charlottetown, Montague, Summerside . Confidentiality is maintained in the program.

There is also a cost-free children's program that is presented over five sessions offered during the school day. Trained facilitators, in conjunction with the school guidance counsellor, will give information through age-related activities and discussions. Your child will have a chance to talk with other children their own age going through similar situations. The program is not counselling,

but an opportunity for children to share their experiences and to hear helpful information. It is helpful if one or both parents have already taken the "Positive Parenting From Two Homes" parent education sessions. If you are interested in the children's program, please speak with one of our school guidance counsellors, Kim Lyons or Neil McIntosh.

The 'Swim For A Cure - A Bleeding Disorder Event for families is set for Sat., November 6, 2010 from 5pm-7pm at the CARI POOL Aquatics Facility and will raise much needed funds to support Islanders struggling with a bleeding disorder. THIS IS A FREE SWIM BY DONATION FOR FAMILIES. \$10 per family (any size) would be wonderful but any donation is appreciated to assist our Chapter. Booths for the PEI Chapter of Canadian Hemophilia Society, CARI POOL, Canadian Blood Services, etc. will be in attendance with candy canes and donations given free to the public.

4-H REAL Skills Program - Need experience to get the job of your choice? Need a job to get that experience? If you answered yes to both of those questions, 4-H has what you need! Sign up for our **REAL Skills Program**. The program is designed to offer youth between the ages of 14 to 21 the opportunity to take short courses in practical skills that will help them to get a head start in the working world. This program is hands-on, interactive, and loads of fun! The deadline for registration is October 15th, 2010, so hurry and sign up today, then you can be the first to experience REAL Skills. The program will offer six sessions, beginning this October/November (See website for full schedule listing). For more information on this program, visit our website at www.pei4h.pe.ca (<http://www.pei4h.pe.ca>), or call (902)368-4833.

Tennis Club - Any students interested in forming a tennis club here at the school is asked to sign up in the main office. We hope to have a club running here at the school if there is enough interest.

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Students going off grounds at lunchtime

- We have received reports of students not obeying signs and running behind cars in the area of KFC at lunchtime. This is a high traffic area with cars going at fairly high speeds so students need to be extra cautious. Last year, we nearly had a very serious incident in that area which we do not want to see again, so students are asked to pay close attention to all traffic signals and approaching vehicles while in that area.

Sessions with Dr. Fong, Sports

Nutritionist - The Fall sport athletes here at Stonepark will be attending sport nutrition sessions on October 4th (girls) and October 6th (boys) here at the school. Dr. Nancy Fong will be facilitating these sessions during the noon hour. We have arranged a girls and boys session to accommodate the large number of athletes we have participating in our Fall sports. The athletes will be presented with information about proper eating habits and how best to fuel their bodies in preparation for activity and how to nourish the body after competition. All athletes will be expected to attend and should have a lunch prepared for that day. Dr. Fong has prepared handouts for the athletes and is asking \$1.50 for the package. If the student is interested in this information we ask he/she has the correct change at the session.

PEI Junior High Golf Tournament -

Saturday Oct 16th at 9:15 at the Divine Nine at Brudenell. Cost is \$20 per player and entries close on October 12. For more information, please contact the main office at the school.

Yearbook Committee- Advanced sales of yearbooks will take place Oct.22, during parent teachers conferences. Purchasing a yearbook in advance, will guarantee your child a book when they arrive in June. Prices are as follows: \$32 for a personalized book and \$27 for non personalized. Sales will take place in the main lobby of the school.

Library News - October is a busy month in the library as it is Canadian Library Month, as well as, P.E.I. School Library Day celebrated on October 25th. On this day Prince Edward Island school children read for pure pleasure in their classes with the goal of reading one million minutes. This day is a celebration of reading. Students, come prepared with books you wish to read on October 25th.

Once again Stonepark is hosting the Scholastic Book Fair October 19th to October 22^{1st} during school hours, and Friday, October 22nd during parent-teacher interviews, 8:30-2:30. Go to ["http://www.scholastic.ca/bookfairs"](http://www.scholastic.ca/bookfairs)MACROBUTTONHtmlResAnchorwww.scholastic.ca/bookfairs for a sneak peek of some of the books at the fair. Watch for the book fair flyer coming out the third week in October. The money raised at the fair will go back into resources for the school library. Looking forward to seeing you at the fair!

Breakfast Program Update - We have had some uptake on the volunteer front in regards to our Breakfast Program. We are currently looking at some people spearheading this initiative and hope to have some more particulars in the near future. Stay tuned for details. If anyone is interested in helping out as part of the volunteer committee, please feel free to contact Norman Beck at the school.

Parent-Teacher Conferences - A reminder to parents and students that our Parent-Teacher Conferences will be held on Friday October 22nd, not the 23rd as was reported in the handbook. These conferences are by appointment and will be held on Friday only. There will be no appointments held on Thursday evening for this first set of interviews. The February set of interviews will be an "open session" with no appointments. Parents will be free to visit with all teachers during that session.

Police Community Relations - We are pleased to announce that we have entered into a partnership with City Police to be a training ground for the Police Dog. Cst. Walter Vessey recently returned from his training period with his new dog and he will be using our school for training and educational purposes. Const. Vessey and his dog will be in and around the school at various times throughout the year. We look forward to a strong relationship with City Police in this new venture.

Think Before You Ink - On Thursday October 21st in the afternoon, our students will be receiving a presentation about tattooing. In this session, they will be educated on the dangers of tattooing and piercing, and some precautions that have to be kept in mind.

Upcoming dates to remember:

Oct. 4 and 6 - Nancy Fong sessions
Oct 4-8 Case Conferences
Oct. 8 - Fire Drill
Oct 11 - Thanksgiving (no classes)
Oct 14-15 - Teachers Convention (no classes for students)
Oct 19, 26, Nov 2, 9 - Kids N' Drugs
Oct 21 - Think Before You Ink
Oct 19-22 - Book Fair
Oct 21 - Student Council Vote
Oct 22 - Parent-Teacher Conferences
Oct 25 - Million Minute Challenge
Oct 25 - Lockdown Drill
Oct 28 - Fire Drill
Oct 29 - Photo re-takes
Nov 3 - Take Our Kids to Work Day (No classes for Grade 9 students only)
Nov 4 - Student Social Night
Nov 10 - Remembrance Day Assembly
Nov 11 - Remembrance Day
Nov 16-17 - Grade 9 Health Fair