



Stonepark Jr High School - Menu 2010/2011

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1: Sep 6 - 10 Sep 20 - 24 Oct 4 - 8 Oct 18 - 22 Nov 1 - 5 Nov 15 - 19 Nov 29 - Dec 3 Dec 13 - 17 Jan 10 - 14 Jan 24 - 28 Feb 7 - 11 Feb 21 - 25 March 7 - 11 March 28 - April 1 April 11 - 15 April 25 - 29 May 9 - 13 May 23 - 27 June 6 - 10 June 20 - 24	 BALANCED CHOICES <i>for a healthy lifestyle</i> Meals do not include a Drink	Chicken Fajita with Rice and veggies \$4.15	Ham and Scalloped Potato with Hot Vegetables \$4.15	Made to order Classic Sub with Low fat cookie \$4.15	Shepherd's Pie with a Side Garden Salad \$4.15	Hamburger and Macaroni Casserole with Side Salad and a roll. \$4.15
	Alternate Combo (Do not include Drink)	Baked Breaded Chicken Burger with Potato Wedges or Side Caesar \$4.25	Sloppy Joe with Smart Fries or Baked Potato and Low fat cookie \$4.25	7" Garlic Finger and Side Caesar Salad \$4.25	3 Cheese Panzarotti with Small Cookie \$4.25	Chicken Skinny Quesadilla with Rice and Side Salad \$4.25
	Feature Pizza (on WW Crust)	LG Garlic Slice \$2.40	LG Veggie Pizza \$2.80	LG BBQ Chicken Pizza \$3.20	LG Ham and Mozza \$2.80	LG Meat Lovers \$3.20
		Classic Chicken Noodle Soup - \$2.35	Beef Vegetable Soup \$2.35	Chicken and Rice Soup \$2.35	Minestrone Soup \$2.35	Beef Barley Soup \$2.35

Week 2: Sep 13 - 17 Sep 27 - Oct 1 Oct 11 - 15 Oct 25 - 29 Nov 8 - 12 Nov 22 - 26 Dec 6 - 10 Jan 4 - 7 Jan 17 - 21 Jan 31 - Feb 4 Feb 14 - 18 Feb 28 - March 4 March 21 - 25 April 4 - 8 April 18 - 22 May 2 - 6 May 16 - 20 May 30 - June 3 June 13 - 17	 BALANCED CHOICES <i>for a healthy lifestyle</i> Drink	Hot Chicken Sandwich with Mashed Potato and Hot Veggies \$4.15	Sweet and Sour Meatballs with Rice and Stir fried Veggies \$4.15	Made to order Classic Sub with Low fat cookie \$4.15	Lasagna with Side Caesar Salad and WW Bread stick \$4.15	Baked Fish with Mashed Potato and Hot Vegetables \$4.15
	Alternate Combo (Do not include Drink)	Baked Breaded Chicken Burger with Potato Wedges or Side Caesar \$4.25	Chicken Tater Bowl with 4 oz Pudding \$4.25	7" Garlic Finger and Side Caesar Salad \$4.25	Large 3 Cheese Pizza Oven baked Fries and Small Cookie \$4.25	Beef Flatza and Caesar Salad \$4.25
	Feature Pizza (on WW Crust)	LG Garlic Slice \$2.40	LG Veggie Pizza \$2.80	LG BBQ Chicken Pizza \$3.20	LG Ham and Mozza \$2.80	LG Meat Lovers \$3.20
		Classic Chicken Noodle Soup - \$2.35	Home Made Corn Chowder - \$2.35	Chicken and Rice Soup - \$2.35	Beef and Macaroni Soup - \$2.35	Tomato Vegetable Soup \$2.35

AVAILABLE DAILY

Daily other items 3 Cheese Pizza \$2.80 WW Garlic Fingers \$3.20 Hamburger \$2.75 Cheese Burger \$3.25 Baked Fries \$1.75	Assortment of Bakery daily: Low Fat Cinnamon Rolls \$1.25 WW Breadsticks \$1.25 Low fat Muffins \$1.20	Low fat Cookies \$0.60 WW Pizza Rolls \$1.25 Rice Krispie Squares \$0.75 Low Fat Loaves \$1.10	Low Fat Puddings \$1.05 Yogurt & Berry Parfaits 1.60 Fruit Cups \$1.75 Yogurt \$1.00	Drinks Available Daily. Assorted Juice \$1.50/2.50 Water \$1.50/1.75 Chocolate Milk \$1.40/2.10 White Milk \$0.40/\$0.75	Sandwiches/ Salads Sub bar \$3.50 - \$8.95 Wedge Sandw. \$2.40 - 3.10 Small Salads \$2.75 - 4.50 Hot Sandwich Meal \$4.25	
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Meal Plans - Any amount that would like to be send in. Amounts are taken off the plan when students are buying a meal
9BC Meal Card....buy 10 meals and get the 11th Free - \$41.50 or 35.00 - Milk Cards - White Milk 20 for \$9.00