



MENU – Stonepark Intermediate School - 2009/2010

Week 1		Monday	Tuesday	Wednesday	Thursday	Friday
Sep. 8 – Sep. 11 Oct. 5 – Oct. 9 Nov. 2 – Nov. 6 Nov. 30 – Dec. 4 Jan. 11 – Jan. 15 Feb. 8 – Feb. 12 March 8- March 12 April 12 – April 16 May 10 – May 14 June 7 – June 11	Balanced Choice Special with White Milk \$4.30	Pasta Bake Garlic bread Stick or Salad	Chicken Fajita with Rice or Salad	Make your own sub & Whole Grain Cookie	Meat Loaf Mashed potatoes Vegetables	Oven Baked Fish Mashed Potatoes or Oven Baked Fries.
	Feature Pizza All on ww crust	3 Cheese Pizza \$2.65	Veggie Pizza \$2.65	BBQ Chicken \$3.00	Ham & Cheese \$2.65	Meat Lovers \$3.00
	Alternate Items	Hamburgers 2.25 Pasta salad \$2.50 Small Tossed salad – \$2.40	Chicken Burger \$3.00 Mexican Rice 1.25/2.00/2.50 Baked Fries \$2.25 Small Caesar Salad \$2.40	Hamburgers 2.25 Small Tossed Salad- \$2.40 Fresh Fruit Cup -\$2.50	Chicken Burger \$3.00 Baked Fries \$2.25 Small Cheddar Tossed Salad \$2.75	Hamburgers 2.25 Brown Rice 1.25/2.00/2.50 Potato Wedges \$2.25 Small Tossed salad - \$2.40
Week 2		Monday	Tuesday	Wednesday	Thursday	Friday
Sep. 14 – Sep.18 Oct. 12 – Oct. 16 Nov. 9 – Nov. 13 Dec. 7 – Dec. 11 Jan. 18 – Jan. 22 Feb. 15 – Feb. 19 March 22-March26 April 19 – April 23 May 17 – May 21 June 14 – June 18	Balanced Choice Special with White Milk \$4.30	Sweet & Sour Meat Balls , Rice & Veggies	Roast Turkey Mashed Potatoes Vegetables	Make your own sub & Whole Grain Cookie	Hot Chicken Sandwich on WW Bread, Mashed Potatoes & Veggies	Lasagna,Choice of Salad or Garlic Bread
	Feature Pizza	3 cheese \$2.65	Veggie \$2.65	BBQ Chicken \$3.00	Garlic slice \$2.25	Meat Lovers \$3.00
	Alternate Items	Chicken Burger \$3.00 Rice 1.25/2.00/2.50 Pasta Salad \$2.50 Small Caesar Salad \$2.40	2 oz Hamburgers 2.25 Mashed Potatoes \$1.50 Small Tossed salad - \$2.40 Baked Fries \$2.25	Chicken Burger \$3.00 Small Caesar or Tossed Salad \$2.40 Fruit Cup \$2.50	Mashed Potatoes & Gravy \$1.85 Baked Fries \$2.25 Sm. Cheddar Tossed Salad \$2.75	Hamburgers 2.25 Brown Rice 1.25/2.00/2.50 Baked Potato Wedges \$2.25 Small Caesar Salad \$2.40
Available Daily 3 Mega Cheese Pizza \$3.25 WW Garlic Finger \$3.25		Beverages: Juice \$1.50/2.50 Water \$1.50/1.75/2.00/2.50 Choc. Milk \$1.35/2.00	Breakfast: Large Muffins \$1.20 Breakfast Sandwiches \$2.60- \$3.00	Bakery /Desserts Cookies 0.60/1.00 Pizza rolls \$1.25 Rice Krispie Square 1.25 Cinnamon Bun	Breadsticks \$1.25 Pudding \$1.00/1.85 Parfaits \$1.50/2.50 Fruit cup \$1.50/2.50	Sandwiches/Salads Sub Bar \$3.50 - \$8.95 Wedge Sandwiches \$2.30 - \$3.00



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	White Milk \$0.45/0.75	Bagels \$1.25 – 1.90	\$1.25	Yogurt 100g \$1.00	Small Salads \$2.40 - 2.95	
Week 3		Monday	Tuesday	Wednesday	Thursday	Friday
Sep. 21 – Sep. 25 Oct. 19 – Oct. 22 Nov. 16 – Nov. 20 Dec. 14 – Dec. 18 Jan. 25 – Jan. 29 Feb. 22 – Feb. 26 March 29 – April 2 April 26 – April 30 May 24 – May 28 June 21 – June 25	Balanced Choice Special with White Milk \$4.30	BBQ Pork Chops Mashed Potatoes & Vegetables	Soft Beef Taco, Choice of side, Caesar Salad or Rice	Make your own sub & Whole Grain Cookie	Chicken Stir Fry with Rice	Oven Baked Fish Mashed Potatoes or Oven Baked Fries
	Feature Pizza	3 cheese \$2.65	Veggie \$2.65	BBQ Chicken \$3.00	Ham & Cheese \$2.65	Meat Lover \$3.00
	Alternate Items	Hamburgers 2.25 Potato wedges \$2.25 Small Tossed salad - \$2.40 Small Cheddar Tossed \$2.75	Chicken Burger \$3.00 Baked Fries \$2.25 Rice 1.25/2.00/2.50 Small Caesar Salad \$2.40	Hamburgers 2.25 Small Tossed or Caesar Salad 2.40	Chicken Burger \$3.00 Baked Fries \$2.25 Brown Rice 1.25/2.00/2.50 Fruit Cup \$2.50	Hamburgers 2.25 Baked Potato Wedges \$2.00 Small Tossed salad - \$2.40 Small Cheddar Tossed \$2.75
Week 4		Monday	Tuesday	Wednesday	Thursday	Friday
Sep. 28 – Oct. 2 Oct. 26 – Oct. 30 Nov. 23 – Nov. 27 Jan. 4 – Jan. 8 Feb. 1 – Feb. 5 March 1 – March 5 April 5 – April 9 May 3 – May 7 May 31 – June 4 Happy Summer	Balanced Choice Special with White Milk \$4.30	Sweet & Sour Meat Balls , Rice & Veggies	Ham & Scalloped Potatoes Vegetables	MAKE YOUR OWN SUB Includes a whole Grain Cookie	Shaved Meat Pita Choice of Salad	Lasagna, Choice of Salad or Garlic Bread
	Feature Pizza	3 Cheese \$2.65	Veggie \$2.65	BBQ Chicken \$3.00	Garlic slice \$2.25	Meatlovers \$3.00
	Alternate Items	Hamburgers 2.25 Brown Rice 1.25/2.00/2.50 Small Caesar salad - \$2.40	Chicken Burger \$3.00 Baked Fries \$2.25 Brown Rice 1.25/2.00/2.50 Small Tossed Salad \$2.40	Hamburgers 2.25 Small Cheddar Tossed Salad 2.75	Chicken Burger \$3.00 Potato wedges \$2.25 Sm. Tossed Salad \$2.40	Hamburgers 2.25 Baked Fries \$2.25 Brown Rice 1.25/2.00/2.50 Sm. Cheddar Tossed Salad \$2.75
Available Daily	Beverages: Juice \$1.50/2.50 Water \$1.50/1.75/2.00/2.50	Breakfast: Large Muffins \$1.20 Breakfast Sandwiches \$2.60- \$3.00	Bakery /Desserts Cookies 0.60/1.00 Pizza rolls \$1.25 Rice Krispie Square	Breadsticks \$1.25 Pudding \$1.00/1.85 Parfaits \$1.50/2.50 Fruit cup \$1.50/2.50	Sandwiches/Salads Sub Bar \$3.50 - \$8.95 Wedge Sandwiches \$2.30 - \$3.00	



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	WW Garlic Finger \$3.25	Choc. Milk \$1.35/2.00 White Milk \$0.45/0.75	Bagels \$1.25 – 1.90	1.25 Cinnamon Bun \$1.25	Yogurt 100g \$1.00	Small Salads \$2.40 - 2.95
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