

Active Parenting of Teens

The Active Parenting of Teens is a six session program directed at parents whose goals are to promote better and calmer communication and respect between parents and their teens, or soon to be teens.

The program will address the following topics:

Discipline
Self esteem and courage
Problem solving
Cooperation
Drugs, sexuality and violence
Teens and family dynamics

This program consists of six sessions which will be presented on consecutive Wednesday evenings starting on the 18th of January, 2012 from 6:30 to 8:30 PM. The last session will be held on the 22nd of February. Parents would be expected to attend most of the sessions as to better benefit from the classes.

Location: O'Leary Access Center (across from the vet clinic)

Cost: FREE

To register, please call Rene Tremblay at 206-0367