



## Westisle Athletic Policy

### COACHES:

- Must hold a level one coaching certificate, or be working toward that goal within the first year of coaching a Westisle team.
- Must obtain a security check from the R.C.M.P.
- Must submit a full list of players, and contact numbers for players, and contact numbers for players, to the Athletic Director.
- Will not have a "Taxi-Squad" or "Practice only" Players
- Will be expected to practice on Non-Game Days
- Will provide a full season schedule, complete with game dates as well as practice days, (and times for each) to each athlete, and the Athletic Director.
- Will make sure their home facility is prepared for all home games.
- Will make sure transportation is secured for all away games.
- Will **not** cancel practice prior to a PEISAA Playoff game.
- Will have 3, or more, practices before making cuts.
- Will not allow "initiation", or "hazing" of any kind, for grade 10 or rookie players.
- Will not allow any player to drive themselves to any game.
- Will report all home game results to proper media.
- Are discouraged from using personal vehicles to transport athletes to and from games or practices, and will not be reimbursed for any use of personal vehicle use.
- Will supervise their teams at all times. Coaches will not leave their team with any other coach, unless previously arranged. (i.e.: at restaurants)
- Will travel with their team whenever possible.
- Will make clear to each athlete, coach's philosophy regarding cutting athletes, making rosters, and playing time.
- Will host a parents meeting, after the final roster is determined and prior to or directly after their teams first home game. (Purpose of parents meeting is to go over all important information regarding philosophy, financial commitments, season etc...).
- Will report on every injury incurred by their team.



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### ATHLETES

-**Must** attend at least 3 practices or "try-outs" before being considered for any team.

-Must be present at school on "game day" in order to play, (except if they have a valid excuse such as a Dr. appointment, field trip).

-Must demonstrate a reasonable state of fitness at try-outs. Athletes who cannot meet fitness standards, as prescribed by the coach, may be released from try-outs.

-Athletes **must** be able to commit 100% to their team. Athletes missing practices or games may be subject to penalties or suspensions from the athletic program.

-Athletes who do not show up for a PEISAA Provincial playoff or Championship game **will** be suspended from the Athletic Program for one calendar year (unless the athlete has a medical excuse or pressing family commitment).

-Athletes **will** refrain from consuming alcohol, tobacco, drugs as well as **any** other substances.

- on school property
- on **any** other school's property
- in **any** public place or area
- "sips", "tastes" are considered drinking
- must understand that students are **not** legally permitted to drink

-Athletes **will** attend **all** practices and games. It will be the athlete's responsibility to make arrangements for:

- Part time jobs
- Driver Education
- Hair appointments
- Extra help
- Etc....

-Any missed practice can happen **only** with the approval of the coach.

-Quitting **any** team without proper excuse will result in a one calendar year suspension from the athletic program.

-Athletes will strictly adhere to game day dress code

- Men - no jeans, hats, work boots  
-must wear a dress shirt & tie (shirt tucked in)
- Women -no jeans or jean skirts  
-slacks, or dress skirts are fine

\* Athletes will nook neat, tidy, and respectable

-Athletes not following game day dress codes will not be allowed to dress, play or travel with their team and will incur a one game suspension (to be instituted by their coach).

-Athletes **must** report any injury, regardless of the severity in order for coaches to fill out the appropriate forms (for insurance applications).



## Westisle Athletic Policy

### TEAMS

#### "A" Teams

-“A” teams are to be “developmental, and as such will be comprised of primarily Grade 10 & 11 athletes who demonstrate the same commitment as “AA” athletes.

-“A” team **may** carry one or two Grade 12 athletes who can demonstrate positive leadership **and** can make a significant athletic contribution.

-“A” teams **will** carry an appropriate number of player substitutes. One or two substitutes will **not** be considered appropriate.

-Grade 12 athletes will **not** be used to fill up an “A” team roster.

-“A” teams will expect all athletes to demonstrate a reasonable level of fitness before acceptance on any “A” team.

#### "AA Teams"

-“AA” teams are to be Elite Athletically Competitive Team: competing at the highest level in the province, in short, our best athletes.

-“AA” teams expect a high level of commitment from its athletes, firstly academically, secondly in time and fitness.

-“AA” teams will expect all athletes to demonstrate a reasonable level of fitness before acceptance on any “AA” team.