We are all deeply saddened by the tragic events that have occurred at Sandy Hook Elementary School in Newtown, Connecticut. It is with heavy hearts and deepest sympathy that we absorb what has occurred and offer our support to Newtown and to our own school communities.

School counselors can support children who are feeling anxious about the events at Newtown. Parents are encouraged to contact the school principal if they would like to discuss support for their child.

Parents who are looking for guidance in speaking with children, may find the links below helpful.

National Association of School Psychologists
A National Tragedy: Helping Students Cope

American Psychological Association
Helping Your Children Manage Distress