Hornet Pick of the Week:
Congratulations to Hudson Burke-Gill, Gr. 2 who was our “Hornet Pick of the Week”. Hudson’s name was chosen on Friday, June 13th.

Thank You:
As many of you know, I am retiring this year and I would like to take this opportunity to thank staff, students, parents and the community of Georgetown for the wonderful support I have been shown over the past three years. It has been a pleasure to work with you! I wish you all the best in the coming school year and will cherish the memories of my days at Georgetown Elementary.

Janie MacDonald

Staffing 2014-2015:
As many of you are aware, there will be a number of staffing changes at Georgetown Elementary next year. Anna MacKenzie will be the new Principal, our Admin. Assistant Josephine Jackson has accepted a position at Montague Consolidated and Audra Bushey will be replacing her. Our custodian, Jeff McGrath has accepted a position at Morell Consolidated and Lana McNeill will be replacing him. There will be other staffing changes, but they have not yet been determined. If these happen before the end of the school year, I will notify you.

Talent Show:
Ms. Walker and Ms. Doyle have organized a talent show for June 20th at 2:00 p.m. All are welcome to attend. This is also Mr. McGrath’s last day with us so it will also be an opportunity to wish him well in his new position.

Assembly:
There will be an assembly on June 25th at 2:00 p.m. to give students, parents and the community an opportunity to bid farewell to the staff who will be leaving Georgetown Elementary School. Everyone is welcome to attend!

Canadian Red Cross – Summer Water Safety Day Camps:
Our day camp program is unique to PEI and provides your child with 1 level of swimming lessons and Depending on the age they can participate in either: Junior Outdoors Club (JOC) - Healthy lifestyle & Nature appreciation or Small Water Craft program – Rowing & Canoeing.

The Water Safety day camps will be held at different locations across PEI throughout the summer. Locations included this summer are Charlottetown, Stratford, Tignish, Summerside, O’leary, Souris, Marco Polo Land, Lennox Island, Twin Shores, and Argyle Shore. Transportation at various pick up points is included in registration!

Camps fill up quickly so remember to register early via phone, Community Registration days or at our Red Cross office at 62 Prince St., Charlottetown.

For dates or details on this program and early registration please call Canadian Red Cross 1-902-628-6262 ext. 4, email at glanna.green@redcross.ca or check out our website www.redcross.ca/peidaycamps

200’s Club Winner:
May’s 200’s club winner was Gail Greene, ticket #77. Congratulations, Gail!

Outdoor Adventure Camps:
The Charlottetown Parks and Recreation Department will be offering their Outdoor Adventure Camps again this summer! The camps are co-ed and open to youth ages 11-15. Activities include Tree Go, Paintball, and Kayaking to name a few. Fees for each camp will include transportation, activities, as well as lunch and snacks. Registration opens June 3rd. Register early as space is limited!

For more information please contact the Parks and Recreation office at 368-1025 or visit the City’s website at www.charlottetown.ca

Last Day of School:
The last day of school for the 2013-2014 school year is Wednesday, June 25th. School will begin on Thursday, September 4th for the 2014-2015 school year.
June 2014- Super Size Me
Food portions today are much bigger than they were 10-15 years ago. Everywhere we look there are mega meals, supersized fries, and extra large beverages. When given a larger portion, you are likely to eat more. This can really add up in terms of calories, fat, salt, and sugar. To help avoid your child from overeating, it is important to learn the recommended serving sizes according to Eating Well with Canada’s Food Guide. Try measuring these serving sizes for a day or two to see what the suggested serving size looks like on your plate.
Here are some suggestions on how you can quickly eyeball a Canada’s Food Guide serving:
- 2.5 oz (75g) of meat = a deck of playing cards
- 1 medium sized fruit = a tennis ball
- ½ cup (125ml) cooked vegetables = a hockey puck
- 2 tablespoons (30ml) of peanut butter = a golf ball
- 1 small pancake(35g) = the diameter of a CD (not the thickness)
- 1 ½ oz (50g) most cheeses = 2 white erasers
- ½ cup (125ml) rice or pasta = a light bulb

Try this easy frozen fruit pop recipe for a fresh and cool after school snack.
Banana Fruit Pops (Makes 6-8)
- 4 bananas, cut into chunks
- 1 ⅛ cups (300ml) 100% fruit juice (pineapple, orange, cranberry, etc.)

Blend bananas and juice together. Divide among 6-8 paper or plastic cups. Place in freezer and when partially frozen place a Popsicle stick in the centre of each cup. Freeze until firm. Let stand for 5 minutes before removing and eating.
Recipe from: www.freggietales.com
Brought to you by the PEI Healthy Eating Alliance
www.healthyeatingpei.ca